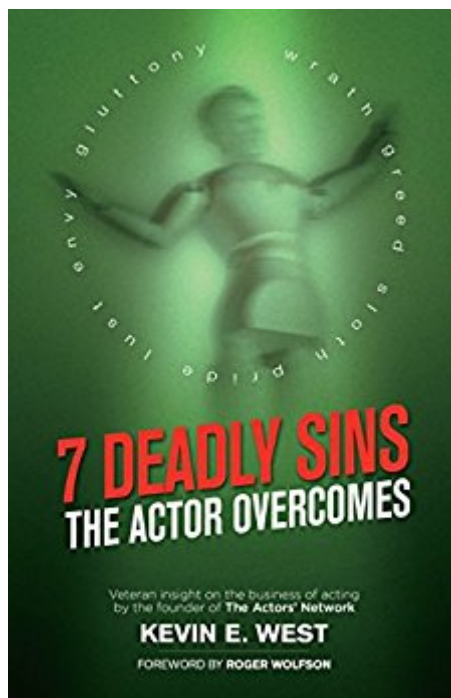


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# 7 Deadly Sins - The Actor Overcomes: Business Of Acting Insight By The Founder Of The Actors' Network



## Synopsis

7 Deadly Sins The Actor Overcomes provides a unique approach to the profession of acting. The profession of acting is a vastly different conversation than the artistic desire to perform. One could argue the business of performance art may be the most difficult relationship you ever have with yourself. The desire to perform on stage is innate. The credibility afforded the actor who performs regularly on stage is well earned. However, your belief system about the art, when challenged by the desire to make money acting on camera, can be an emotional and psychological conundrum.

7 Deadly Sins The Actor Overcomes provides a fundamental toolkit to increase the likelihood of success in your on-camera acting career, while protecting the delicate balancing act of offering your psyche and soul as a product for sale. This work will also guide you through many of the emotional and philosophical traps that snare actors almost every day.

7 Deadly Sins The Actor Overcomes has no interest in, nor does it attempt to marginalize, the importance of theatre or stage work. Live theatre is the cradle of scripted performance. This work both acknowledges and applauds those who make a living at it. Many actors are able to use theatre work to make a living and increase their credibility, based on the specifics of their regional marketplace. Even so, theatre work may not lead to or assist in the development of an on-camera career, leaving some actors in a sea of self-doubt. Yes, there are actors all over the world who make money performing on stage. However, the strategies, concepts and techniques introduced in this work do not often relate to the business protocol of stage acting. If you predominately have only worked on stage, the process of evolving from one medium to the other can be a grueling transition commonly avoided by actors.

Scripted film and television is referred to as theatrical work in the United States of America. To say you want to be a working actor is easy. To actually accomplish this is anything but.

7 Deadly Sins The Actor Overcomes addresses the specific business efforts associated with on-camera scripted acting as the pursuit of a theatrical career for money presents many unique challenges not associated with stage work. Our daily lives are complicated enough. To also attempt transmuting a life of passion for performing into a paid career is exponentially more complicated. The seven deadly sins to which an actor may succumb (as defined in this book) can wreak havoc on your professional goals and dreams, as well as on your personal life. The psychological and internal conflicts between the Show and the Business of acting can damage one's human operating system. Establishing a stable organization as a keystone for any career is intrinsic to its success. But the pursuit of an on-camera acting career can feel diametrically opposed to the art of being an actor. A skilled on-camera actor is required to combine/blend/fuse/unite the art of acting with the business pursuit and mentality of being a commercial product; this requisite presents a paradox. Managing the state of your psyche

while balancing the needs of the performer within and the industry's demands on and expectations of you as human product "day after day" is critical. The choice to pursue acting for money cannot be taken lightly. The 7 Deadly Sins The Actor Overcomes philosophy will guide you through the mental pitfalls, emotional dangers and professional apathy inherent in the pursuit of an on-screen acting career: beware of Lust, Greed, Gluttony, Sloth, Wrath, Envy and Pride.

## **Book Information**

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## **Customer Reviews**

7 Deadly Sins The Actor Overcomes by Kevin E West A review by Archibald Bond for . I highly recommend 7 Deadly Sins The Actor Overcomes to anyone considering a career as a paid professional in any major market entertainment city. Mr. West has written a comprehensive and dependable blueprint based on over 30 years of experience while building his own successful career as a working actor. He generously invites us all to share what he has learned and observed with the sincere desire to help us succeed while pointing out some of the mistakes he has made or seen along the journey. While this is by no means a religious book, it is clever how Mr. West explores the pitfalls inherent in pursuing an Acting career rooted in fantasy just as following false

Idols can derail the most enthusiastic spiritual pursuit. It deserves a place on your bookshelf alongside the great texts by Stanislavski, Meisner and Hagen to name a few. I also feel it would serve beautifully as a foundational text in a Business of Acting course at any reputable University or Professional school that provides actor training. The book could be properly digested within an average College semester and stimulate a life-long awareness of the equal importance of the words Show and Business! Acting has often been referred to as a Calling so it seems entirely appropriate that author Kevin E West employs the biblical concept of The Seven Deadly Sins to frame a frank and thorough discussion of what it takes to follow a truthful path as a professional actor. Perhaps the most important distinction Mr. West makes is in the opening pages of the book when he asks the reader to make a decision that might potentially impact the rest of their performance career and their life.

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